

# MARY WADE



Family Newsletter

March 2025



## Get Ready



What does senior readiness look like to you? Join us **March 6** from 4:00pm-6:00pm at Chatham Place at Mary Wade for an engaging panel discussion featuring esteemed

## A Valentine's Day To Remember



experts who will share their insights, encouraging both seniors and families to reflect on their own definitions of readiness. This is more than just a conversation; it's an opportunity to engage with our panel. For more information and to RSVP click [HERE](#).

### You're Invited



The Connecticut Statewide Family Council (CTSFC), in collaboration with the State Long Term Care Ombudsman, serves as a vital communication link between family councils within long-term care facilities (LTCFs) across Connecticut. Established under Public Acts 21-71 and 21-194, the CTSFC is dedicated to enhancing the quality of life for residents by advocating for resident-centered care and sharing best practices. The Council focuses on improving residents' experiences by fostering strong family-facility relationships, supporting staff, and ensuring the enforcement of residents' rights. Open to all who have a loved one in a Connecticut LTCF, the CTSFC works to ensure that every resident enjoys the same care and comfort they would experience at home.

It was a day filled with lots of love when Mary Wade residents and the United Way celebrated Valentine's Day together with a Senior Prom & Fashion Show. A heartwarming celebration where residents showcased their finest attire, created an atmosphere filled with joy and laughter. With the enthusiastic support of staff, volunteers and students from the University of New Haven's Residential Life, the Mary Wade residents strutted down the runway and danced, showcasing not just their outfits but their vibrant spirits. This Valentine's Day celebration truly embodied the essence of community and connection amongst our cherished seniors. For footage of this joyous day please click [HERE](#), [HERE](#) or [HERE!](#)

### Request For Electric Shavers



At Mary Wade we are deeply committed to the safety and well-being of our residents. To enhance the daily care of your loved ones and minimize potential risks associated with shaving, especially for those on blood thinners, we kindly request that

Meetings are typically the 4th Tuesday of the month at 7pm over Zoom. For more information click [HERE](#).

### **Over The Counter Medication**



Kindly remember that no over the counter medications should be given to any of the Skilled Nursing Residents as this can pose a safety risk to all residents. Should you believe your loved one would benefit from an over the counter medication and would like to discuss this with the team, please contact a Nursing Supervisor by calling (203) 562-7222.

### **Warmer Clothes**



A friendly reminder that when bringing in clothes for your loved one, rather than bringing them directly to the resident's room, please bring them to the reception or nursing supervisor's

family members supply electric shavers. This thoughtful gesture not only helps us provide personalized attention but also ensures that each resident is treated with dignity and respect during their grooming routines. We greatly appreciate your support in this matter as we strive to create a nurturing and safe environment for everyone.

### **Spring Plant Sale**



Be on the lookout for more information on Mary Wade's upcoming Plant Sale! All proceeds directly benefit the residents through the Resident Enrichment Fund. Get ready to spruce up your home or garden all for a good cause.

### **Spring Cleaning**



desk so they can be labeled. This will assure that they stay with the intended person. Thank you in advance.

### Spring Ahead!



Don't forget to add more hours of daylight to your evenings and spring forward by moving your clock ahead one hour on Sunday, **March 9**.

### Chatham Place At Mary Wade



Building on Mary Wade's tradition of excellence and over 150 year history, Chatham Place offers exceptional assisted living and memory care in a setting designed for comfort, security and living well. Chatham Place invites seniors to enjoy the best of both worlds – the independent, active and social lifestyle they want with the 24-hour personalized support and security they deserve. For a tour or

We need you to help us perform some Spring Cleaning!

Please use the month of March to go through your loved one's room to see if any of the below applies:

1. Switch out seasonal clothing.
2. Remove clothing they no longer wear.
3. Take home items that are old or not necessary but cluttering their rooms. For example old books, magazines, cards, paper goods and the like.

We can provide boxes for you if needed or trash bags for items to be discarded.

We appreciate your assistance in keeping our residents' rooms neat and orderly and free from clutter - allowing for a pleasant and safe living environment.

### Calendar of March Events



To view Recreation's March Calendar of Events please click [HERE](#). To view the Adult Day Center's March Calendar of Events please click [HERE](#).

more information please contact  
Community Sales Counselor, Carolyn  
Kochan at [ckochan@marywade.org](mailto:ckochan@marywade.org) or  
visit the Chatham Place website  
[HERE](#). Don't miss out, enjoy the  
Chatham Place experience.

**Our Contact Information**

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