

MARY WADE



Family Newsletter

August 2024



Empower Yourself



A friendly reminder you are still invited to the last two sessions from the Four Part Educational Series at Chatham Place at Mary Wade, hosted and presented by esteemed guest speaker, Mary Underwood, a dedicated social worker with an impressive 35-year career in memory care. For more information on each individual seminar listed below and to register click [HERE](#).

A Day At The Beach



Sky above, sand below, peace within. Sometimes a day at the beach is the best therapy. Residents of Mary Wade and Chatham Place at Mary Wade enjoyed a beach trip last month to Lighthouse Point Park in New Haven. Residents described stepping in the sand and dipping their toes into

August 6 - The Grieving Process through the eyes of the person with dementia

August 22 - Sexuality and Dementia, a subject that needs to be discussed

Coffee With A Cop



Coffee's on us Thursday, **August 8th** at Chatham Place at Mary Wade for Coffee with a Cop from 10:30am-11:30am. This program brings the New Haven Police Department and the community members they serve together, over coffee, to discuss issues and learn more about each other. But that's not all – we're also thrilled to introduce our new Fair Haven District Manager, Sgt Chris Alvarado! He'll be joining us to meet and greet everyone, so come and say hello. Sgt Alvarado is an incredible addition to our community and we can't wait for you to meet him.

Family Fun Day

the water as magical. A little beach time with friends can be so refreshing for the soul.

Come See 'Three Sisters'



Eleanor Whelan's masterpiece titled 'Three Sisters' which was recently part of The Agency on Aging of South Central Connecticut's Art of Aging art show is now on display in the Harold S. Spitzer Activity Room located on the lower level of Chatham Place at Mary Wade. We welcome you to come take a look at Eleanor's beautiful masterpiece!

Mobile Market



The Mobile Market is back **August 8, September 19, and October 24** from 10:30-11:30am. Get your fresh fruit, fresh vegetables, honey, eggs and



Spend the day with your grandma or grandpa on National Grandparents' Day **Sunday, September 8th** when Mary Wade is hosting the Family Fun Day from 1-4pm on Pine Street. Join us for games, music, baked goods, popcorn, cotton candy, a pizza truck and more. Be on the lookout for more details to come!

Help Save A Life



On **Thursday, September 12th** Chatham Place at Mary Wade will be hosting a Blood Drive from 1-6pm in the Harold S. Spitzer Activity Room. Please join us to give this simple gift! To make an appointment click [HERE](#) or call 1-800-RED-CROSS.

Chatham Place At Mary Wade

more. All of this presented by Common Ground High School. For more information click [HERE](#).

Golf With Us!



Join us **Wednesday, September 25th** at Lyman Orchards for a fun day of golf and camaraderie at the Mary Wade Golf Tournament. All skill levels are welcome. Golfers receive a full round of golf on the award-winning Robert Trent Jones Signature Course, including carts, luncheon and cocktails. It'll be a great day for a great cause: the Boardman Building Renovation Project. This is the major fundraising event this year for Mary Wade and we are looking forward to another beautiful Fall Day. You might even consider Sponsoring a Tee Sign for only \$250 in honor of a loved one or special Mary Wade staff member. Click [HERE](#) to register!

Better Breathers Update



Building on Mary Wade's tradition of excellence and over 150 year history, Chatham Place offers exceptional assisted living and memory care in a setting designed for comfort, security and living well. Chatham Place invites seniors to enjoy the best of both worlds – the independent, active and social lifestyle they want with the 24-hour personalized support and security they deserve. For a tour or more information please contact Community Sales Counselor, Carolyn Kochan at ckochan@marywade.org or visit the Chatham Place website [HERE](#). Don't miss out, enjoy the Chatham Place experience.

Be Our Guest



Why stay at a hotel when visiting your loved one over the summer when you can stay with us? Enjoy a stay at Chatham Place at Mary Wade. We offer a warm and inviting stay in our guest rooms because we want you to



American Lung Association.
Better Breathers Club

Please be on the lookout for more information to come regarding summer Better Breathers Club meeting dates. For questions please contact Vice President of Mary Wade Lynn Iverson at GHinesIverson@marywade.org.

Calendar of August Events



To view Recreation's August Calendar of Events click [HERE](#). To view the Adult Day Center's August Calendar of Events click [HERE](#).

enjoy the special moments of the summer season with your loved one. For more information click [HERE](#).

Our Contact Information

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