

Family Newsletter February 2024



Caregiver Valentine's Day **Event**



You're invited to take a break and be pampered! Visit Chatham Place at Mary Wade for a Caregiver Valentine's Day Event on Thursday, February 8th between 3pm and 7pm for hand massages, manicures, food, shopping, and helpful information on caring for your loved one. For more information and to RSVP click HERE

Calling All Bakers

Meet Officer Brody



Earlier this month Mary Wade happily welcomed a visit from K9 Officer Brody, a yellow Labrador, who is part of the Southern Connecticut State University Police Department. Southern has long been the host of therapy dogs, medical assistant dogs, and doggie visitors. Brody is an officer in wellness work and does a lot of community engagement, all while bringing a



There will be a Valentine's Day Bake Sale on **Wednesday, February 14th** from 9am-4pm. If you are interested in contributing individually wrapped baked goods please contact Director of Community Relations, Rosanne Mondrone, by phone 203-672-7809 or by email

at <u>RMondrone@marywade.org</u>. All proceeds will directly benefit the residents of Mary Wade through the Resident Enrichment Fund.

We Can Help



American Lung Association. Better Breathers Club

Mary Wade invites you to join us Wednesday, February 28th at Chatham Place at Mary Wade from 2-3pm for the next Better Breathers Club meeting. We are excited to welcome Dammion, a speaker from Health Complex who will go over working with oxygen & respiratory equipment and discuss Oxygen Therapy; smile to everyone he meets. Thank you for your service!

Save The Date



Celebrate unity, talent and our seniors by joining us **Friday, May 3rd** at New Haven's Band Jam! The event will take place on Pine Street between Mary Wade and Chatham Place at Mary Wade. For more information click HERE.

Hot Cocoa Kind Of Day



Mary Wade recognized National Hot Cocoa Day as well as our Healthcare Heroes, Residents and Neighbors! Everyone enjoyed this delicious winter treat. A big thank you to Mary Wade's Food Service team who helped bring out the kid in all of us. what it is, what it does for the body, and when it is needed.

This group, sponsored by the American Lung Association, will continue to meet the last Wednesday of every month. If you or a family member is living with lung disease, this is a meeting for you. To RSVP please contact Mary Wade Respiratory Therapist, Jeanine Connelly,

at jconnelly@marywade.org.

Long-Term Care Planning Workshop



Discuss some hot button issues and partake in an education seminar series with Attorney Steven L. Rubin of Drazen Law to discuss Race, Religion, and Sexuality in Long-Term Care. Mark your calendars for **Tuesday**, **February 27th** 8:00am at Chatham Place at Mary Wade. For more information and to register click <u>HERE</u>.

It's Never Too Late To Learn!



Have you heard of the iN2L Senior Technology at Mary Wade? If not we would like to share with you this innovative technology and the upgrades coming our

Love From The United Way



The United Way of Greater New Haven (UWGNH) is partnering with Mary Wade and Chatham Place at Mary Wade for the 4th Annual "Letters of Kindness" Celebration. Each resident will receive a personalized letter of support written by local volunteers. The UWGNH is motivating local volunteers to connect with some of our most vulnerable neighbors through letters of encouragement. The initiative supports Mary Wade Home's focus on bridging together communities of all ages and backgrounds. We look forward to feeling the love!

Healthy Visits



Mary Wade has an experienced team of infection control specialists, nurses, housekeeping and support staff which have enabled us to manage Covid-19 as well as other illnesses that come around this time of year, but we also need your help.

We encourage everyone to take the necessary precautions to stay healthy this season, including getting vaccinated for the flu and Covid-19, washing your hands way that puts the power of connection into the hands of our beloved seniors.

Now more than ever, keeping older adults connected to the people and experiences that matter to them is critical. The iN2L (It's Never Too Late To Learn) technology allows for the residents of Mary Wade and their families to keep in touch via video chat, whenever they want! The iN2L technology at Mary Wade allows our families to share special moments with their loved ones so that they never miss a special occasion or memory. Family and friends can easily share photos, videos, and text messages to the stations from their own

smartphones. Our iN2L stations are already preloaded with over 1,000 pieces of content that are expertly designed and curated just for seniors, allowing residents of Mary Wade to stay entertained and enjoy time spent exploring learning, having fun, nurturing spirituality and improving wellness with games, puzzles, movies, audiobooks and more.

We look forward to sharing more with our families about the upgrades coming to our iN2L systems and how you can access them to stay connected with your loved one!

Our Contact Information Mary Wade Home 118 Clinton Avenue New Haven, CT 06513

203-562-7222

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regularly, and staying home if you are feeling unwell. Thank you for your cooperation and let's stay healthy together.

Calendar of February Events



To view Recreation's February Calendar of Events click <u>HERE</u>. The ADC's February Calendar of Events will soon be posted to the Mary Wade website <u>HERE</u>.