

MARY WADE



Family Newsletter

November 2024



Halloween Happenings



It was spooky season at Mary Wade while we celebrated Halloween in lots of fun ways. Residents had a scary good time decorating Halloween themed donuts, enjoyed tricks and

Honoring Rachel Bernabe



In celebration of National Workforce Development Month, LeadingAge Connecticut has highlighted exceptional staff members who make a significant impact in aging services. Mary Wade is honored that ADC Therapeutic Recreation Director,

treats during parties, held a pumpkin decorating contest, and even had a special visit from the children of Centro San Jose Catholic Charities where they paraded around in their adorable Halloween Costumes.

AOASCC Award Recipients



On October 23 the Agency on Aging of South Central Connecticut hosted their 50th Anniversary Luncheon. This year Mary Wade President and CEO, David V. Hunter, was honored with the Outstanding Innovation Award, while Mary Wade Board of Trustees Chair, Joanne McGloin, was honored with the Outstanding Volunteer Award.

Mary Wade is proud to work along the Agency on Aging to continue to serve their mission to empower adults to remain as independent and engaged as possible within their communities through advocacy, information, and services.

Rachel Bernabe, was selected and that her career and work in the Adult Day Center was highlighted.

Rachel joined the Mary Wade team in 2022 and immediately had a positive impact on the culture. In her role, Rachel is responsible for planning, organizing, and directing medically approved recreation activities, including music, art, dance, drama, games, entertainment, and social activities in the Adult Day Center, to promote overall well-being, social relationships and independence of the members based on their capabilities, needs and interests. Rachel's proactive approach to identifying opportunities for improvement, solving problems, and going above and beyond to assist our residents and clients in our adult daycare program truly sets her apart.

Yale Women's Soccer



On October 13 residents of Mary Wade and Chatham Place at Mary Wade enjoyed a Yale Women's Soccer Game. A special shout-out to Chatham Place at Mary Wade's

Your Vote Is Your Voice



Voting is one of our nation's most fundamental rights and a hallmark of our democracy. It is critical that all eligible voters have equal access and opportunity to participate in our electoral process. Since seniors make up a significant portion of the adult population and their role in every election is important, Mary Wade residents were able to cast their absentee ballots here on campus on October 17 and make their voices heard.

Flu Season



It's that time of year when we roll up our sleeves. All Residents will be offered and administered Influenza (FLU) vaccines starting **November 1** as well as the COVID, RSV and PNA (pneumonia) vaccines.

Please help protect yourself and others as well by getting your vaccinations. You can get them at

Recreation Team and Mary Wade's Transportation and Dietary Teams for transforming a simple outing into an unforgettable experience for our residents. The atmosphere was electric, filled with laughter and cheers as everyone rallied behind the team, proving that community spirit is the real MVP!

Mustard Seed Faith



Many of our families will remember Mary Wade's Director of Community Relations, Rosanne Mondrone's Blog entries during the Covid pandemic. We are thrilled to share that Rosanne has been chosen to be a contributing author for a book of short stories published by Christian Writers for Life, a global organization.

Rosanne's story entitled "Mustard Seed Faith" will be in the book "Miracles of Prayer" due to come out this month. For information on how to obtain a copy please contact Rosanne at RMondrone@marywade.org.

To revisit Rosanne's previous pieces to the Mary Wade Blog; *Here We Go*

your local pharmacy, clinic or can check with your healthcare provider.

Free Dental Clinic



The Connecticut Mission of Mercy Free Dental Clinic is affectionately referred to as CTMOM. This two-day clinic, taking place **November 9 and 10** at Wilby High School located at 568 Bucks Hill Road in Waterbury, provides free dental care to the underserved and uninsured in Connecticut—those that would otherwise go without dental care.

Services provided include exams, cleanings, fluoride treatment, oral health education, x-rays, extractions, fillings, interim partial dentures (limited) and root canals (limited to front teeth only). This clinic is open to adults and children of all ages. No appointment is needed, but these services are on a first come first serve basis. Children under 18 must be

Again, Everybody Has a Story, The Little Things, The Tests of Great Leadership, You Are The Medicine, The Crash And Burn, & Reflections Of 2020, click [HERE.](#)

Veterans Day



We hope everyone will join us in observing the historical significance of Veterans Day on **November 11**. On behalf of the entire Mary Wade community we celebrate and honor our Veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

Fall Back - Daylight Savings



Don't forget to turn your clocks back one hour before you go to bed on Saturday, **November 2** and enjoy the extra hour of sleep!

accompanied by a parent or guardian.

Oral health is inseparable from general health and can affect a person's self-esteem, compromise their ability to work, attend school and lead a normal life. Please help share this information and pass it along to anyone who might be in need of these services! For more information click [HERE](#).

Guest Speaker Mary Underwood



Mary Underwood, a dedicated social worker with an impressive 35-year career in memory care, is back. Chatham Place at Mary Wade invites you Thursday, **November 14** from 8:30am-10:30am for a presentation by Mary where she will provide education, training, resources and tools to empower the person with dementia and caregivers. To RSVP click [HERE](#).

Social Services Department



Starting mid November our beloved Social Worker Molly Rego will begin her Family Leave as she prepares to welcome her second son. Should you need anything from the Social Services Department during Molly's leave, please contact Social Worker Nicolette Borzillo, by email at NBorzillo@marywade.org or by phone at (203) 672-2873. Please join us in congratulating Molly and her family on their sweet new bundle of joy!

The Season Of Giving



Get ready to spread some joy and make a difference! On Tuesday, **December 3** we invite you to join us

Chatham Place Bistro



The Bistro at Chatham Place will temporarily be closed on Thursdays and Fridays. We will be sure to notify families and visitors when the Bistro resumes its regular days of Monday through Friday. Thank you for your understanding.

Chatham Place At Mary Wade



Building on Mary Wade's tradition of excellence and over 150 year history, Chatham Place offers exceptional assisted living and memory care in a setting designed for comfort, security and living well. Chatham Place invites seniors to enjoy the best of both worlds – the independent, active and social lifestyle they want with the 24-hour personalized support and security they deserve. For a tour or more information please contact Community Sales Counselor, Carolyn Kochan at ckochan@marywade.org or

for Giving Tuesday, a day dedicated to giving back to our amazing seniors at Mary Wade. Save the date and get excited because together, we can create a brighter future for our seniors! You can give early by clicking [HERE](#).

Holiday Bazaar



Please be on the lookout for more information regarding Mary Wade's Holiday Week due to take place **December 2-6**. There will be a poinsettia sale, bake sale, raffles, vendors and much more!

If you are interested in donating baskets for the raffle, baked goods or are interested in volunteering please contact Director of Community Relations Rosanne Mondrone at RMondrone@marywade.org or (203) 672-7809. Raffle baskets due by **November 15**.

Happy Thanksgiving

visit the Chatham Place website [HERE](#). Don't miss out, enjoy the Chatham Place experience.

Be Our Guest



Why stay at a hotel when visiting your loved one during Thanksgiving when you can stay with us? Enjoy a stay at Chatham Place at Mary Wade. We offer a warm and inviting stay in our guest rooms because we want you to enjoy the special moments of the holiday season with your loved one. For more information click [HERE](#).

Our Contact Information

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Thanksgiving is a time to reflect in gratitude for all that we have and all that we share together. On behalf of all of us at Mary Wade we wish everyone a happy and healthy Thanksgiving.

Calendar of November Events



To view Recreation's November Calendar of Events click [HERE](#). To view the Adult Day Center's November Calendar of Events please visit their webpage [HERE](#).