

MARY WADE



Family Newsletter

September 2023



Coffee With A Cop, Today!



Start your morning today, September 1st, at Chatham Place at Mary Wade for Coffee with a Cop from 10:30am-11:30am. This program brings the New Haven Police Department and the community members they serve together, over coffee, to discuss issues and learn more about each other. We hope to see you there!

Join Us September 17th



Please join us Sunday, September 17th from 1pm-4pm for the Mary Wade Family Fun Festival here at Mary Wade!

It is sure to be a fun filled afternoon with good food, games, prizes, fun activities for adults and children and so much more. Everyone is invited!

For more information about ticket sales click [HERE](#) or contact Ivette Oliveras at

New Date: October 17th



There's still time to play! The Mary Wade Golf Tournament, originally scheduled for August 25th at Lyman Orchards Jones Course was postponed due to poor weather and has been rescheduled to October 17th when the course will be full of autumn foliage.

It will be the same fun, same great course and same amazing cause! We hope you will support us by registering [HERE](#).

Go Bulldogs!



Yale Soccer and Mary Wade were thrilled to continue their partnership when the residents visited Reese Stadium August 27th to watch the Women's team play against the University of Massachusetts. During this game Chatham Place at Mary Wade's very own Rock Star

ioliveras@marywade.org. All net proceeds directly benefit Mary Wade Residents through the Resident Enrichment Fund. If you'd like to make a tax deductible donation to the Resident Enrichment Fund in honor of your loved one, visit our Giving Page [HERE](#).

Berry Sweet



Life is sweeter with good food and good friends and the residents of Mary Wade enjoyed just that when Hunter Merrill, Mary Wade's Director of Food Services, put on a food demonstration where he prepared vanilla cupcakes filled with strawberry mousse and cream cheese frosting.

CNAs Of The Future



Mary Wade is working together with Southern Connecticut State University's

and resident, Howard Foster, let the world hear his amazing rendition of the National Anthem which you can view [HERE](#). Yale and Mary Wade are partners who share the same commitment to excellence, equality, inclusion and integrity. Residents worked hard before game day, creating posters and short videos to pump the athletes up. To see those fun videos click [HERE](#). A great time was had by all!

Staff CPR Training



The Mary Wade Nursing Staff recently received mandatory Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillators (AED) training. This included hands-on skills practice of chest compressions and mouth-to-mouth breathing, in-person assessment, and demonstration of skills lead by Mary Wade's Assistant Director of Clinical Services, Nichole Pina Barnes. After successful completion, nurses are certified for 2 years through the American Heart Association.

Mobile Market

Certified Nursing Assistant (CNA) program and welcoming High School Students from all around New Haven to our campus for hands on training. CNAs are an essential part of the medical field. They work under the supervision of registered nurses in nursing homes, hospitals, and other healthcare facilities. Their mission is to provide basic care to patients and assist with activities of daily living such as dressing, bathing, feeding, and more. Mary Wade is thrilled to be providing students with this practical experience.

Family Council



As the Administrator for the Kimberly neighborhoods, Lynn Iverson would like to initiate Family Meetings once again. This meeting is intended to provide families of our Kimberly residents the opportunity to meet with key administrative staff members with the intent of addressing any general concerns you may have. These meetings are not intended as care planning sessions.

Our Family Meeting has been scheduled for Thursday, October 19th from 5pm-6pm in the Community Room. Light refreshments will be served. We would also like to remind all families that you may organize a Family Council, which is run by our families for your benefit and education. At this time Mary Wade does not have an active Family Council. If you are interested in leading or participating in this endeavor, Mary Wade



The Farm Stand is back September 21st and October 19th. Get your fresh fruit, fresh vegetables, honey, eggs and more. All of this presented by Common Ground High School. For more information click [HERE](https://www.commongroundct.org) or visit [commongroundct.org](https://www.commongroundct.org).

Covid Update



As you are aware our nation finds itself encountering a new wave of Covid. Mary Wade is grateful that we have a fantastic team of infection control specialists, nurses, housekeeping and support staff which has enabled us to avoid any serious complications from the infection. We remain vigilant in fighting new infections with continued preventative measures.

Please stay home if you are experiencing any symptoms at all of illness. We understand that some suffer from seasonal allergies which cause coughing and

will make every effort to facilitate this. Please reach out to Lynn Iverson at GHinesIverson@marywade.org.

Arts, Garden & Culture



Join us Friday, September 15th from 10:45am-12:00pm at Chatham Place at Mary Wade for Cultivating Connections, an immersive arts, garden and culture experience for dozens of New Haven County citizens, aged 60 and older.

Working with Artist-in-Residence Kristin Eno, this creative and social program will bring participants together, as they create art and experience nature together. David V. Hunter, President & CEO of Mary Wade, states "Mary Wade is extremely pleased to be introducing and partnering the second year of the Connecticut Garden Collaborative Program. The benefits of art with seniors have been shown to provide a sense of meaning and purpose, and additionally, it allows opportunities to improve cognitive functions, mood, and enhance motor skills and social interaction."

The finished artwork from the Cultivating Connections project will be on display at Chatham Place at Mary Wade before touring other locations in the state. To RSVP click [HERE](https://www.commongroundct.org).

sneezing. Although not contagious, these characteristics spread germs. Please don't risk your health or the health of your loved ones. This cannot be stressed enough.

Visitation remains open according to the recommendations and guidelines from the CT Department of Public Health, the CDC and the Centers for Medicare and Medicaid Services. However, it is critical that all visitors strictly adhere to Mary Wade's Infection Control Policy and Procedures including:

- Visit with your loved one in the privacy of their room, not in common areas
- Wear a mask at all times while visiting loved ones in our Kimberly Neighborhoods – masks must cover the nose and mouth
- Maintain a social distance of six feet between individuals
- Wash your hands – often! We have dispensers throughout our campus and multiple dispensers on each floor for your use.

Happy Holidays



The Jewish fall holidays are here! Mary Wade wishes all who are celebrating, happiness and health.

Rosh Hashanah – September 15-17

Yom Kippur – September 24-25

Sukkot – September 29-October 1

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Autumn Ease



"Another fall, another turned page; there was something of jubilee in that annual autumnal beginning, as if last year's mistakes had been wiped clean by summer." - Wallace Stegner

As we enter into September and witness the start of the Fall Season with the cooler mornings and the turning of the leaves, may you embrace the change and be reminded in the beauty of letting things go. Each Season offers something to look forward to. Just like seasons cycle at their own pace and no season is the same as it was the year before, we are ever evolving and ever changing. Admire the change in season as well as the changes possible within yourself. Happy Fall!

Calendar of September Events



To view Recreation's September Calendar of Events click [HERE](#). The ADC's September Calendar of Events is coming

soon to the Mary Wade Website which you
can visit by clicking [HERE](#).

Our Contact Information

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