Mary Wade's Holiday Week will take place December 11 through December 15. If you are interested in donating raffle baskets, baked goods, or would like to

Seasons Greetings

May the Holiday Season fill your home with joy, your heart with love, and your life with laughter. On behalf of all of us at Mary Wade we wish you happiness and health.
Thankful

Mary Wade was filled with gratitude while we celebrated the Thanksgiving Holiday. Residents enjoyed crafts, cooking demos, parties and visits with loved ones.

Veterans Day

It was an honor to celebrate and recognize Mary Wade’s veterans last month. There was a recognition ceremony, entertainment and cake. Thank you to all who serve and have served.

Make Your Holiday Reservations

If you are interested in reserving a space at Mary Wade to gather as a family during any of the upcoming holidays or would like more information please call the front desk at 203-

Healthy Visits

Mary Wade has an experienced team of infection control specialists, nurses, housekeeping and support staff which have enabled us to manage Covid-19 as well as other illnesses that come around this time of year, but we also need your help.

We encourage everyone to take the necessary precautions to stay healthy this
562-7222 between 8am and 4pm. Space is available first come, first served.

**Chatham Place In The News**

Congratulations Chatham Place at Mary Wade on receiving the Excellence in Senior Living from Assisted Living Magazine! Your dedication to providing exceptional care and service, evaluated through online reviews, publications, and industry standards, truly sets you apart.

**Donate In December**

It's the season of giving! Start the month off right with a tax deductible gift by clicking [HERE](#). Together we can do great things!

**Why Stay At A Hotel When You Can Stay With Us!**

Hurry in for the Holidays and enjoy a stay at Chatham Place at Mary Wade. We offer a warm and inviting stay in our guest rooms season, including getting vaccinated for flu and Covid-19, washing your hands regularly, and staying home if you are feeling unwell. Thank you for your cooperation and let's stay healthy together.

**Family Council**

Our next Family Meeting has been scheduled for Thursday, January 18th from 5pm-6pm in the Community Room for families of our skilled nursing residents. Light refreshments will be served. We
because we want you to enjoy the special moments of the holidays with your loved one. For more information click [HERE](#).

**We Can Help**

The purpose of the American Lung Association Better Breathers Club is to offer patient-centered and community-based educational opportunities and support to people living with chronic lung disease and their families.

The goal of BBC support groups is to improve the quality of life and functional status for members by providing disease self-management education and emotional connection, which may prevent exacerbations and reduce the health, economic and social burden of lung disease.

Mary Wade invites you to join us December 27th at Chatham Place at Mary Wade for a Better Breathers Club meeting from 2-3pm. This first meeting will go over the

would also like to remind all families that you may organize a Family Council, which is run by our families for your benefit and education. At this time Mary Wade does not have an active Family Council. If you are interested in leading or participating in this endeavor, Mary Wade will make every effort to facilitate this. Please reach out to Lynn Iverson at [GHinesIverson@marywade.org](mailto:GHinesIverson@marywade.org).

**Happy New Year**

Cheers to new beginnings. Mary Wade wishes you all a very happy and healthy New Year. May it be filled with adventures and good fortune!

**Calendar of December Events**
benefits of mindfulness and meditation while focusing on controlling shortness of breath. This group, sponsored by the American Lung Association, will continue to meet the last Wednesday of every month. If you or a family member is living with lung disease, this is a meeting for you. To RSVP please contact Mary Wade Respiratory Therapist, Jeanine Connelly, at jconnelly@marywade.org.

To view Recreation's December Calendar of Events click HERE and to view the ADC's December Calendar of Events click HERE.

Our Contact Information
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203-562-7222

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