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## Lung Health & Diseases

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# Learn About COPD

Chronic obstructive pulmonary disease (COPD) is a chronic disease that is often preventable and treatable. If you or a loved one has COPD, there are steps to take to cope with the lifestyle changes this disease brings. Learning about COPD and its treatment can help you feel more in control.

### What Is COPD?

COPD is a chronic lung disease that gets worse over time. It's sometimes called emphysema or chronic bronchitis. [Learn more more about the basics of COPD »](#)

### How COPD Affects Your Body

COPD damages the airways in your lungs and leads to shortness of breath, impacting your work, exercise, sleep and other everyday activities. [Find out how COPD affects you »](#)

### How Serious Is COPD?

More than 11 million people in the U.S. suffer from COPD. It causes serious long-term disability and early death. There's no cure, but COPD can be prevented and treated. [See the impact of COPD »](#)

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LUNG FORCE unites women and their loved ones across the country to stand together in the fight against lung cancer.

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